

1-3 Grade Activity Guide

What you'll need

- A Salt shaker
- A Mini flashlight
- Salt and Light activity sheet (1 per family member)
- Markers

To Do

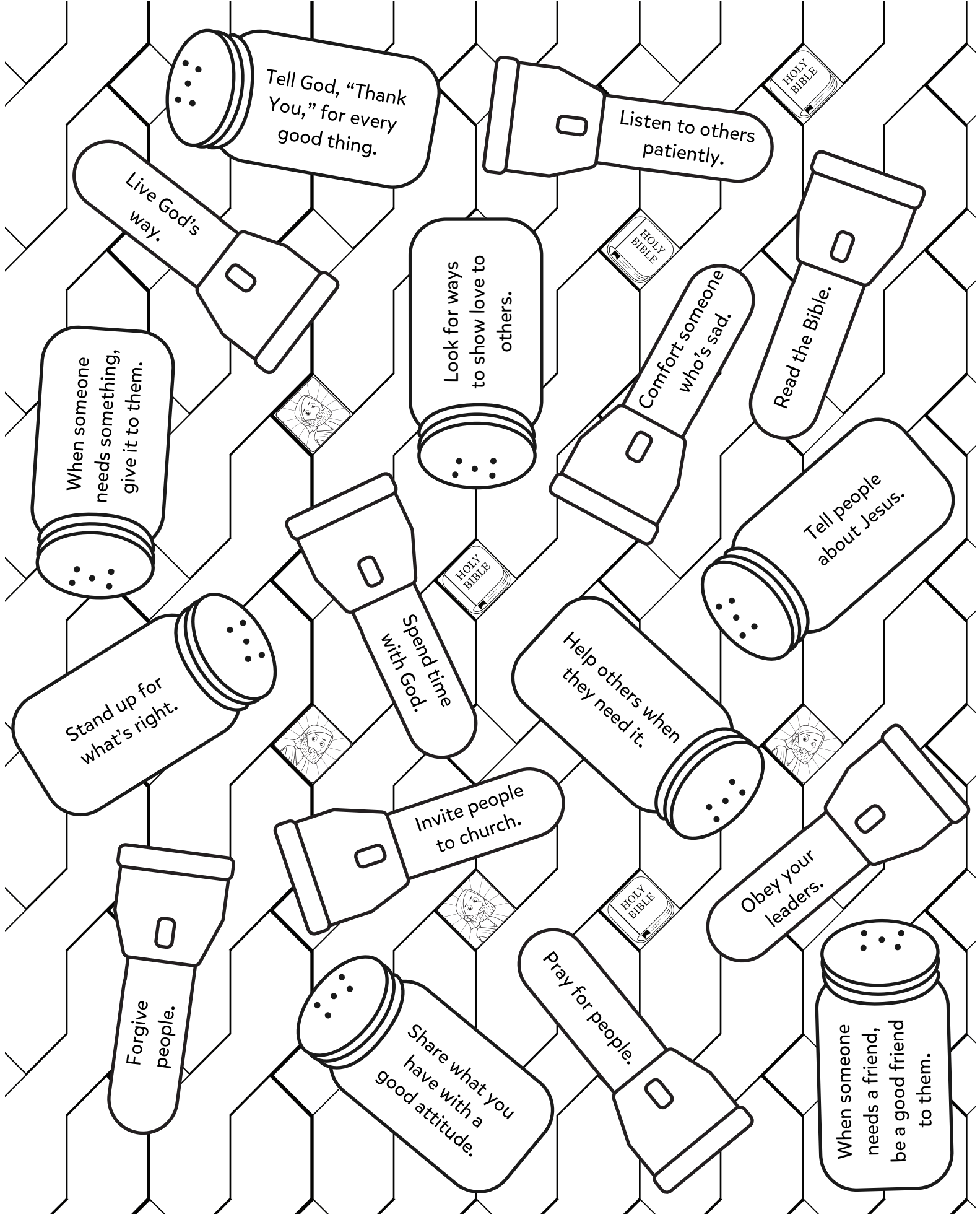
Say: "When you're salt and light, you show everyone how good God is, and how good it is to follow Him! When you hold the salt and the light, tell everyone one way you can be salt and light."

1. Give each family member a Salt and Light activity sheet to color.
2. Hand the flashlight and salt shaker to one family member.
3. The family member reads out loud one thing from the activity sheet that will best help them to be salt and light.
4. Repeat steps 2-3 until everyone has had a turn.
5. If desired, family members come up with their own ideas of how to be salt and light.

After the activity ask:

1. *Why do you think Jesus told us to be salt and light? Answers will vary.*

Pray together



Tell God, "Thank You," for every good thing.

Listen to others patiently.



Live God's way.

Look for ways to show love to others.



Read the Bible.

When someone needs something, give it to them.



Comfort someone who's sad.

Tell people about Jesus.

Stand up for what's right.



Spend time with God.



Help others when they need it.



Forgive people.

Invite people to church.



Obey your leaders.



Share what you have with a good attitude.

Pray for people.

When someone needs a friend, be a good friend to them.